

RECREATIONAL SPORTS TENNIS CENTER

A Division of the School of Public Health



See what's new this spring at the

TENNIS CENTER







Meet the Staff



Director

REBECCA JONES

Rebecca first joined the IURS Tennis Center team as a part-time student employee while earning her B.S. in Applied Health Science from the IU School of Public Health. She rejoined the IURS Tennis Center family in 2005 and now serves as Director, overseeing all aspects of operation.



Head Tennis Professional

CHRIS CHOPRA

Chris is a USPTA Master Professional (only 1% of certified teaching professionals are Master Professionals) as well as a USTA High Performance Coach. He earned a B.S. in Finance from Kelley School of Business at IU.



Semi-Retired Tennis Professional

MIKE O'CONNELL

Mike is a USPTA Master Professional (only 1% of certified teaching professionals are Master Professionals). He earned his B.S. from Oakland City College, where he played both basketball and tennis, and his M.S. from Troy State University.



Assistant Tennis Professional, Adult Programs

ADAM STRUBLE

Adam is a USPTA Professional and was awarded the 2015 USPTA Midwest Rookie of the Year. He received his B.S. in Kinesiology from IU School of Public Health.



We look forward to welcoming **Nick Laskaris** back to the IURS Tennis Center as our Assistant Tennis Professional (Junior Programs) in January! Nick worked here as an undergraduate.

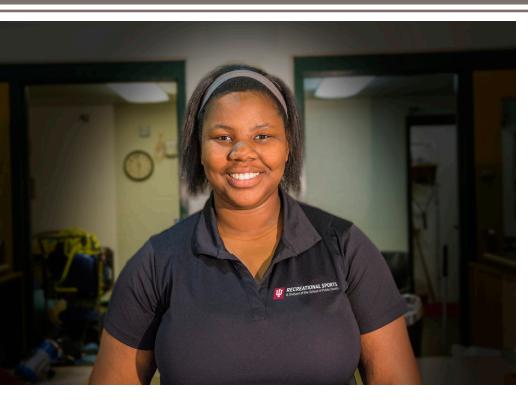
Facility



The Indiana University Recreational Sports Tennis Center is the only eight-court indoor tennis facility within a 50-mile radius. With on and off court activities and programs, there is something for everyone at the IURS Tennis Center. Members can relax in the lobby, watch the Tennis Channel, and use the fitness area and locker rooms before or after tennis. At over 48,000 square feet, the IURS Tennis Center also has the capacity to host large events.

1833 North Fee Lane, Bloomington, IN 47408

General Information



HOURS OF OPERATION

January 1 - April 30

 $\begin{array}{lll} \text{Mon.} - \text{Thurs.} & 6 \, \text{AM} - 11 \, \text{PM} \\ \text{Friday} & 6 \, \text{AM} - 9 \, \text{PM} \\ \text{Saturday} & 8 \, \text{AM} - 9 \, \text{PM} \\ \text{Sunday} & 8 \, \text{AM} - 11 \, \text{PM} \end{array}$

HOLIDAY HOURS AND MORE

January 1	12 PM - 5 PM (New Year's Day)
-----------	-------------------------------

SPRING BREAK

Sat. 3/12 - Sun 3/13	8 AM - 9 PM
Mon. 3/14 - Fri 3/18	6 AM - 9 PM
Sat. 3/19	8 AM - 9 PM
Sun. 3/20	8 AM - 11 PM

MEMBERSHIP RATES

Memberships expire one year from date of purchase. Membership required for participation in programs.

IU Student	\$38.00
IU Student Family*	\$60.00
Faculty/Staff Individual	\$78.00
Faculty/Staff Family	\$120.00
Junior (18 years and under)	\$52.00
Public Individual	\$94.00
Public Family	\$144.00
Guest Fee	\$6.00/day

^{*}Student must be the head of the household.

INFORMAL COURT TIME & SPRING RATES

Self-directed on-court tennis with friends, to practice serving with a hopper, or with a ball machine. Call 855-5750 to reserve or walk-on when courts are available. *

Anytime \$24/hour
Junior/IU Student Walk-On \$18/hour
Ball Machine Rental \$6/hour + tax

PARKING

Free parking for members is available in front of the IURS Tennis Center. Finding available parking may be more challenging during IU home football games, men's basketball games, and special events.

^{*}reservations must be canceled 3 hours in advance

Membership

MEMBERSHIP PERKS

We appreciate you and your decision to invest in your health at the IURS Tennis Center and we hope you enjoy your membership perks!

FREE COURT TIME

Receive one free hour of court time (your portion only) when you join or renew. Walk-on or reserved.

FRIDAY NIGHT FREEBIES

Buy 1 Get 1 Free court time Friday nights from 7:00 PM to close! Reserve an hour, get the second hour free. Reserve one court for an hour, get the court next to you for free. Play with and next to your friends. Call 855-5750 ext. 0 to reserve.

MEMBER APPRECIATION DAY

Mark your calendar for Member Appreciation Day on Saturday, April 16. Free court time and ball machine rentals all day (first-come, first-served) for current members as a token of appreciation to you, from us.

HALF PRICE SPRING BREAK COURT RATES

From March 14 - 20, enjoy half price court rates. Invite a friend and play twice as much!

FREE BIRTHDAY COURT TIME

Show a valid ID with your birth date and get up to two hours of free court time (your portion only). Same day/active members only. Walk-on or reserved.



The IU Recreational Sports Tennis Center strives to offer as many services to our members as possible!

RACQUET STRINGING AND GRIPPING

A variety of string and grip is available with a 72-hour turn-around time. String cost varies. Labor is \$10 if you purchase string here; \$16 if you bring your own string.

FREE BALL HOPPER ACCESS

Ball hoppers are available at no cost for members in good standing.

TENNIS LIBRARY

A wide selection of tennis books and videos are available for checkout for two weeks at no charge to members.

PRO-SHOP

A variety of tennis accessories are available at the Member Services Desk, including tennis balls, grips, string, and apparel.

FITNESS AREA

Featuring a LifeFitness treadmill and weight equipment, the fitness area upstairs is available to members at no additional charge.

DEMO RACQUETS

Thinking about buying a new racquet? Visit Member Services to demo one of our current options before you decide!

FACILITY RENTAL

From birthdays to receptions, facility rentals are possible with advance notice. Email iutc@indiana.edu for more information.



ADULT CLINIC REGISTRATION CHANGES

Participants have the following options:

- 1. Register for the entire month (\$27/day)

 Register for and attend all month and receive a one day discount the following month.
- 2.Register for and choose dates to attend (\$30/day)

 Dates must be specified by the deadline.

Brand new to tennis? We've got you covered!

© TENNIS 101: ADULT BEGINNERS

Join our Adult Beginner Instructional Clinic to learn the four basic strokes: forehand, backhand, serve, and volley. These clinics also cover scoring, sportsmanship, court position, and match play. A great way to meet other beginners, improve your stamina, and work on hand-eye coordination. Led by USPTA-certified Pros.

MONTH	DATES	DAYS	TIMES	REG. DEADLINE
JAN	1/15, 1/22, 1/29	F	5:30 - 7:00 PM	January 8
FEB	2/12, 2/19, 2/26	F	5:30 - 7:00 PM	February 5
MAR/APR	3/4, 3/11, 4/1, 4/29	F	5:30 - 7:00 PM	February 26
MAY	5/6, 5/13, 5/20	F	5:30 - 7:00 PM	April 29

Need a refresher? Let's review!

® TENNIS 201: ADULT INTERMEDIATES

Our Adult Intermediate Instructional Clinic reviews the basic strokes covered in the beginner clinic while placing more emphasis on movement, scoring, and match play. We'll also cover ground strokes, court position, and consistency in execution. Keeping up with the pace of this clinic gives you a good cardio workout and will help you improve your match play skills. Led by USPTA-certified Pros.

MONTH	DATES	DAYS	TIMES	REG. DEADLINE
JAN	1/11, 1/18, 1/25	М	7:00 - 8:30 PM	January 4
FEB	2/1, 2/8, 2/15, 2/22, 2/29	М	7:00 - 8:30 PM	January 25
MAR	3/7, 3/21, 3/28	М	7:00 - 8:30 PM	February 29
APR	4/4, 4/11, 4/18, 4/25	М	7:00 - 8:30 PM	March 28
MAY	5/2, 5/9, 5/16	М	7:00 - 8:30 PM	April 25

Williams and Federer types apply here. Turn it up a notch!

@ADVANCED COMPETITIVE DRILLS

Our Adult Advanced Instructional Clinic participants can expect a clinic designed for players interested in actively competing in tournaments or leagues. A great total body workout comes along with this clinic led by USTPA-certified Pros. These will prepare you for our Club Tournaments, too!

MONTH	DATES	DAYS	TIMES	REG. DEADLINE
JAN	1/13, 1/20, 1/27	W	7:00 - 8:30 PM	January 6
FEB	2/3, 2/10, 2/17, 2/24	W	7:00 - 8:30 PM	January 27
MAR	3/2, 3/9, 3/23, 3/30	W	7:00 - 8:30 PM	February 24
APR	4/6, 4/13, 4/20, 4/27	W	7:00 - 8:30 PM	March 30
MAY	5/4, 5/11, 5/18	W	7:00 - 8:30 PM	April 27

Need some personal attention?

PRIVATE AND SEMI-PRIVATE LESSONS

In private lessons and semi-private lessons (up to 4 students), we can tailor instruction to your needs and goals. To request lessons, email iutc@indiana.edu with the student's name, age, playing level (beginner, intermediate or advanced), availability, and contact information. Our Head Pro will set you up with a qualified instructor. From there, you will make arrangements for lesson times with your instructor.

Save \$10 by buying 5-hour private or semi-private lesson packages. Ask your instructor about one!



TRAVEL TENNIS TEAM LEAGUE DRILLS

\$27/session, To join a team and team drills, contact the Head Pro.

The IURS Tennis Center sponsors Ladies' Travel Teams through the USTA and Central Indiana Women's Indoor Tennis Leagues. Players meet for weekly team drills and travel to other clubs in the Central Indiana area for competitive matches. A great way to make friends and exercise in a social and competitive atmosphere.

DRILL	DAYS	TIMES
3.0	Th	12:00 - 1:30 PM
3.5	М	11:00 AM - 12:30 PM
3.5	Th	9:00 - 10:30 AM
3.5/4.0	Т	10:00 - 11:30 AM

Drills do NOT meet January 18 or the week of Spring Break (Mar. 14-18).

Want a fun, total body workout?

CARDIO TENNIS

\$15/session or try a Cardio Tennis Package—Buy 10 sessions, Get 1 session FREE Open to beginner through advanced players, Cardio Tennis is designed to keep your heart rate up for 60 minutes with a warm-up, fun, fast-paced tennis drills, cardio stations, music, and a cool-down. It's fun, upbeat, and will give you a total body workout.

DAYS	TIMES
M/W/F	12:00 - 1:00 PM
T/Th	6:00 - 7:00 PM

Refer to monthly programming calendar for dates Cardio Tennis does not meet.



How about some rapid-fire tennis?

FAST FEED TENNIS

\$15/session or try a Fast Feed Tennis Package—Buy 10 sessions, Get 1 session FREE Think you can keep up with a USPTA-certified Pro as they speed feed tennis balls to participants during this one-hour session? Another fun, total body workout! Open to all levels.

DAYS	TIMES
Т	12:00 - 1:00 PM

Refer to monthly programming calendar for dates Fast Feed Tennis does not meet.

Just want to hit around on a consistent schedule?

PERMANENT COURT TIME

A popular program for those interested in playing recreationally on a weekly basis. Let us schedule your weekly court reservation by applying for our Permanent Court Time program. Email iutc@indiana.edu to request an application.

DAYS	TIMES	COST
M-F	9:00 - 11:00 AM, 7:00 PM - Close	\$25/hour
Sat-Sun	All Day	\$25/hour

A time and a place to test your skills

ADULT TOURNAMENTS & MATCH PLAY

Compete in tournaments throughout the year for a chance to see your name in our Champions Corner!

DATE	EVENT
Feb. 13	Winter Classic (9:00 AM - 1:00 PM)
Mar. 6	Beginner/Intermediate Supervised Match Play (11 AM - 1 PM)
Mar. 26	Adult Club Championship (All Day; Ends March 27)
Apr. 9	4.0+ Doubles Round Robin Mixer (1:00 - 3:00 PM)
Apr. 16	3.0+Doubles Round Robin Mixer (1:00 - 3:00 PM)
Jun. 4	Summer Is Served Tournament (11 AM - 1 PM)

Ask our Head Pro or Assistant Pros for more information.



JUNIOR CLINIC REGISTRATION CHANGES

Participants have the following options:

- 1. Register for the entire month (see monthly rate for each Level).

 Register for and attend all month and receive a one day discount the following month.
- 2.Register for and choose dates to attend (\$3 additional per day)

 Dates must be specified by the deadline.

Ready to play? Let's get started!

® HIGH PERFORMANCE BEGINNER PROGRAM

This program, using USTA's QuickStart format, is a fun introduction to the game and a great way to meet other beginners. Participants learn a range of tennis basics, including the four main tennis strokes: forehand, backhand, serve and volley. We also cover scoring, sportsmanship, court position, and match play.

LEVEL 1 \$13.50/day for entire month, or \$16.50/day					
MONTH	DATES	DAYS	TIMES	REG. DEADLINE	
JAN	1/11, 1/13, 1/18, 1/20, 1/25, 1/27	M/W	5:30 - 6:15 PM	January 4	
FEB	2/1, 2/3, 2/8, 2/10, 2/15, 2/17, 2/22, 2/24, 2/29	M/W	5:30 - 6:15 PM	January 25	
MAR	3/2, 3/7, 3/9, 3/21, 3/23, 3/28, 3/30	M/W	5:30 - 6:15 PM	February 24	
APR	4/4, 4/6, 4/11, 4/13, 4/18, 4/20, 4/25, 4/27	M/W	5:30 - 6:15 PM	March 28	
MAY	5/2, 5/4, 5/9, 5/11, 5/16, 5/18	M/W	5:30 - 6:15 PM	April 25	

LEVEL 2 \$13.50/day for entire month, or \$16.50/day					
MONTH	DATES	DAYS	TIMES	REG. DEADLINE	
JAN	1/11, 1/13, 1/18, 1/20, 1/25, 1/27	M/W	6:15 - 7:00 PM	January 4	
FEB	2/1, 2/3, 2/8, 2/10, 2/15, 2/17, 2/22, 2/24, 2/29	M/W	6:15 - 7:00 PM	January 25	
MAR	3/2, 3/7, 3/9, 3/21, 3/23, 3/28, 3/30	M/W	6:15 - 7:00 PM	February 24	
APR	4/4, 4/6, 4/11, 4/13, 4/18, 4/20, 4/25, 4/27	M/W	6:15 - 7:00 PM	March 28	
MAY	5/2, 5/4, 5/9, 5/11, 5/16, 5/18	M/W	6:15 - 7:00 PM	April 25	



LEVEL 3 \$36/day for entire month, or \$39/day					
MONTH	DATES	DAYS	TIMES	REG. DEADLINE	
JAN	1/15, 1/22, 1/29	F	5:30 - 7:30 PM	January 8	
FEB	2/12, 2/19, 2/26	F	5:30 - 7:30 PM	February 5	
MAR/APR	3/4, 3/11, 4/1, 4/29	F	5:30 - 7:30 PM	February 26	
MAY	5/6, 5/13, 5/20	F	5:30 - 7:30 PM	April 29	

LEVEL 4 \$36/day for entire month, or \$39/day				
MONTH	DATES	DAYS	TIMES	REG. DEADLINE
JAN	1/15, 1/22, 1/29	F	5:30 - 7:30 PM	January 8
FEB	2/12, 2/19, 2/26	F	5:30 - 7:30 PM	February 5
MAR/APR	3/4, 3/11, 4/1, 4/29	F	5:30 - 7:30 PM	February 26
MAY	5/6, 5/13, 5/20	F	5:30 - 7:30 PM	April 29

Hit us with your best shot!

(1) JUNIOR INTERMEDIATE & ADVANCED TENNIS

A great total body workout comes along with these clinics led by USTPA-certified Pros. Junior Intermediate clinics review the basics, while emphasizing ground strokes, court position, and consistency in execution. Junior Advanced clinic participants can expect a clinic designed for players interested in actively competing in tournaments or leagues.

INTERMEDIATE \$27/day for entire month, or \$30/day					
MONTH	DATES	DAYS	TIMES	REG. DEADLINE	
JAN	1/12, 1/14, 1/19, 1/21, 1/26, 1/28	T/TH	5:30 - 7:00 PM	January 5	
FEB	2/2, 2/4, 2/9, 2/11, 2/16, 2/18, 2/23, 2/25	T/TH	5:30 - 7:00 PM	January 26	
MAR	3/1, 3/3, 3/8, 3/10, 3/22, 3/24, 3/29, 3/31	T/TH	5:30 - 7:00 PM	February 23	
APR	4/5, 4/7, 4/12, 4/14, 4/19, 4/21, 4/26, 4/28	T/TH	5:30 - 7:00 PM	March 29	
MAY	5/3, 5/5, 5/10, 5/12, 5/17, 5/19	T/TH	5:30 - 7:00 PM	April 26	

ADVANCED INTERMEDIATE \$27/day for entire month, or \$30/day				
MONTH	DATES	DAYS	TIMES	REG. DEADLINE
JAN	1/12, 1/14, 1/19, 1/21, 1/26, 1/28	T/TH	5:30 - 7:00 PM	January 5
FEB	2/2, 2/4, 2/9, 2/11, 2/16, 2/18, 2/23, 2/25	T/TH	5:30 - 7:00 PM	January 26
MAR	3/1, 3/3, 3/8, 3/10, 3/22, 3/24, 3/29, 3/31	T/TH	5:30 - 7:00 PM	February 23
APR	4/5, 4/7, 4/12, 4/14, 4/19, 4/21, 4/26, 4/28	T/TH	5:30 - 7:00 PM	March 29
MAY	5/3, 5/5, 5/10, 5/12, 5/17, 5/19	T/TH	5:30 - 7:00 PM	April 26

ADVANC	ED \$27/day for entire month, or \$30,	/day		
MONTH	DATES	DAYS	TIMES	REG. DEADLINE
JAN	1/12, 1/14, 1/19, 1/21, 1/26, 1/28	T/TH	5:30 - 7:00 PM	January 5
FEB	2/2, 2/4, 2/9, 2/11, 2/16, 2/18, 2/23, 2/25	T/TH	5:30 - 7:00 PM	January 26
MAR	3/1, 3/3, 3/8, 3/10, 3/22, 3/24, 3/29, 3/31	T/TH	5:30 - 7:00 PM	February 23
APR	4/5, 4/7, 4/12, 4/14, 4/19, 4/21, 4/26, 4/28	T/TH	5:30 - 7:00 PM	March 29
MAY	5/3, 5/5, 5/10, 5/12, 5/17, 5/19	T/TH	5:30 - 7:00 PM	April 26

812.855.5750 | tenniscenter.indiana.edu

Game, Set, Match!

© TOURNAMENT PLAYER TENNIS

Tournament Player is a junior clinic geared toward the participant preparing for our Junior Club Championships, seeking a district, sectional, and national ranking, and/or participating in USTA tournaments. Emphasis is on strategy, tactics, conditioning, mental training, and competitive play.

\$27/day for entire month, or \$30/day				
MONTH	DATES	DAYS	TIMES	REG. DEADLINE
JAN	1/11, 1/13, 1/18, 1/20, 1/25, 1/27	M/W	5:30 - 7:00 PM	January 5
FEB	2/1, 2/3, 2/8, 2/10, 2/15, 2/17, 2/22, 2/24, 2/29	M/W	5:30 - 7:00 PM	January 26
MAR	3/2, 3/7, 3/9, 3/21, 3/23, 3/28, 3/30	M/W	5:30 - 7:00 PM	February 23
APR	4/4, 4/6, 4/11, 4/13, 4/18, 4/20, 4/25, 4/27	M/W	5:30 - 7:00 PM	March 29
MAY	5/2, 5/4, 5/9, 5/11, 5/16, 5/18	M/W	5:30 - 7:00 PM	April 26

JUNIOR MATCH PLAY

This program allows junior players to gain match play experience against their peers. Participants get to play against several opponents while being coached by our instructional staff.

4:00 PM)
PM)

Hustle, hit, and never quit.

IU JUNIOR OPEN TOURNAMENT

This is Southern Indiana's premiere Junior Tennis Tournament. The 25th annual IU Junior Open follows one of our most successful years. The 10 and Under divisions use the Green Dot Ball and play on the 78ft court.

Boys/Girls, Singles/Doubles: 12s, 14s, 16s, 18s

Boys/Girls Singles: Under 10s



RECREATIONAL SPORTS TENNIS CENTER A Division of the School of Public Health

Nonprofit Organization U.S. Postage

Bloomington, Indiana Permit No. 2

1833 N. Fee Lane Bloomington, IN 47408 812.855.5750

tenniscenter.indiana.edu