

TENNIS CENTER COURT REPORT

March 2019

WELCOME NEW STAFF!

Due to growing participation in our programs, we recently expanded our staff by adding three new Tennis Instructors and two new Member Services Associates to the Tennis Center team. We are excited to welcome these new employees with varied experience and talents. Next time you see a new face, introduce yourself!

Erin Barrett, Member Services Associate, is a Media Advertising major from Richmond, IN. She has work experience as a waitress, cashier, and babysitter.

Ashley O'Donnell, Member Services Associate, is an Exercise Science major from Chicago. She is also a Group Exercise Leader in Recreational Sports.

Chris Wang, Tennis Instructor, is a Finance major from New York. He played competitively as a junior and taught tennis in his hometown for several years.

Grace Koscielski, Tennis Instructor, played tennis at Ball State University before transferring to IU to major in Sports Marketing. She also has experience working in Indianapolis as a tennis instructor.

Megan Perkins, Tennis Instructor, played tennis competitively and has instructed in her home town of Louisville, Kentucky. She is majoring in Microbiology.



INDIANA HIGH SCHOOL TENNIS CONVENTION



On February 1, Head Pro Chris Chopra shared his knowledge with over 200 high school coaches from around the state at the 2019 Tennis Convention held at the Indianapolis Racquet Club. Chris presented on the serve, sharing 40 of his favorite skill building drills to develop the serve in an hour-long presentation. Chris is a USPTA Master Professional and we greatly appreciate his leadership to the profession.

SORORITY BID NIGHT

In January, several hundred young women participated in Indiana University Panhellenic Association's Formal Recruitment process. After visiting all 22 sorority chapters, the women narrowed down their choices through a mutual selection process to find their home away from home. The Tennis Center has hosted this event for the past three years. Fun fact: The Tennis Center has several employees in Greek organizations on campus!

OUTSTANDING EMPLOYEE

Congratulations to Bob, our January Employee of the Month!

We are so grateful for Bob's endless hard work and leadership. He joined the Tennis Center team as a Member Services Associate in December 2015 and began as a Program Assistant in June 2018. He graduates in May with a double major in Biochemistry and Philosophy. Bob is always willing to help find ways to improve our program. His ideas and ability to help implement them have led to outstanding contributions to our operation.



FACILITY UPDATES

We hope you are enjoying the newly resurfaced courts this season. Along with that upgrade, you may have also noticed that the dividers were removed from the fitness area. That is the first step in the fitness area expansion/renovation. We are in the planning phases for next steps and are excited to continue improving the space.

ADULT NEWS

ADULT CLUB CHAMPIONSHIP SERIES

Throughout this semester, adult members are competing in the very first Adult Club Championship Tournament Series. The new series includes 4 tournaments; doubles, singles, mixed doubles, and 1-on-1 doubles. Participants earn points by signing up for a tournament, winning a match, and winning a tournament. At the end of the semester, the person with the highest series point total will take home a brand new Wilson Racquet as the series champion. There are two tournaments remaining and it's not too late to join. Contact Adam Struble with questions.

Upcoming Tournaments

March 23 • 2-6pm, Mixed Doubles
April 6 • 4-8pm, 1 on 1 Doubles*
**cross-court only points*

Congrats to our winners so far!

January 12 Doubles Tournament Results

- Charlie Allen and David Konisky
- Bob Poortinga and Bill Weeks
- Mimi Murphy and Bienenke Haitjema

February 16 Singles Tournament Results

- Patrick Fraser
- Chi Song
- Nuona Chen

CENTRAL INDIANA WOMEN'S INDOOR TENNIS LEAGUE

The long season continues for the women competing on our three CIWITL teams. Playing competitive matches on a team can be challenging in many ways. Often times, players put too much pressure on themselves in these situations, which can turn the experience sour. Everyone on the team has done a great job learning and growing as players. We believe this helps everyone's experience regardless of what happens on the court. For those of you out there that feel pressure during a competitive situation, just remember, it is

not all about the final result. Ask yourself, "How did I play?" or "What improvements can I make?" not "Did I win?" As always, thank you to all of our team captains for helping us stay organized and motivated to go ALL DAY.

Shout-Out to Team Captains

3.0 team | Traci Nagle and Diana Nixon

3.5 team | Tara Babcock and Pat Monson

4.0 team | Debbie Kuratko

MIKE O'CONNELL HALL OF FAME INDUCTEE



Mike O'Connell has done it again! Early in February the Monroe County Sports Hall of Fame announced Mike as an inductee in their Class of 2019. Mike will be officially inducted in the Monroe County Sports Hall of Fame at their banquet on July 12, along with 6 athletes from Monroe County and 1 other coach. Congratulations, Mike! The Bloomington and Tennis Center communities are very fortunate to have you here.

CARDIO CHAMP

Each month, we honor the Cardio Tennis participant that attends the most sessions. Rick Goldsworthy is the January Cardio Champ. We love having Rick at Cardio Tennis because of the high energy he brings to every session. Congrats, Rick! Way to go ALL DAY.



RECORD-SETTING CLINIC DEDICATION

One of our long-time adult members achieved a very rare accomplishment at the Tennis Center over the last year by having perfect attendance at TWO (not one!) evening clinics. A special congratulations and thank you to Mark Seaman for his dedication to our instructional programs. We can honestly say we don't know what clinics would be like without you and we appreciate you. This is the ultimate example of All Day Effort and Attitude. Congrats, Mark!



JUNIOR NEWS

NEW JUNIOR WARRIOR

Congratulations to our newest Junior Warrior, Thomas Joyce. He has put in a lot of hard work and dedication over the past few months to improve his game. Specifically, Thomas has improved his serve, ability to take the ball early, and transition to the net over the last few months. We are excited to see where his work ethic takes his game.



Fun facts about Thomas

Favorite tennis player: John Isner

Favorite shot in tennis: Forehand

Favorite Phrase/Quote/Word: ALL DAY!

Top 3 reasons you play tennis:

1. Have fun
2. Compete
3. Meet people

What has tennis taught you most?

How to respond to adversity.

If you could have dinner with any 5 people, who would they be?

1. Bill Gates
2. Brad Stevens
3. Zion Williamson
4. Sloane Stephens
5. Billie Jean King

TOES ON THE LINE, HUGGING YOUR RACQUETS



Junior players of all ages and levels start clinics the same way—with their toes on the line, hugging their racquets, standing tall, and eyes on the coach. There are Three reasons we do this:

1. Start with All Day effort and attitude—

Putting toes on the line and hugging the racquet does not require special talent. Whether a player is 4 or 18 years old, it simply requires a little effort and a coachable attitude. Players start the session showing they are ready to take care of those two controllables.

2. Practice attention to detail early—

If a player isn't able to use patience and focus to put their toes on the line and hug their racquet with racquet head up, they cannot expect to master the more challenging details of the game.

3. Body language—

This positioning sets players up to stand tall with their shoulders back. Practicing positive body language shows a player as confident, ready to go, and willing to accept the challenges that day.

USTA TOURNAMENT PARTICIPATION

Congratulations to juniors who competed in USTA events from Dec. 1 - Feb. 16!

Mary Asplund	Luke Miller
Michael Asplund	Keira Murphy
Brooke Bailey	Casey O'Connell
Allison Blee	Briah O'Neal
Alex Busch	Taylor O'Neal
Charles Chen	Jeff Richards
Dev Chopra	Lauren Rowe
Tommy Chopra	Sarah Rowe
Esteban Crespo	Josh Sang
Avi Danthi	Madelyn Santner
Bryan Huang	Finley Smith
Thomas Joyce	Quinn Vasquez
Ben Konisky	Easton Xiao
Chris Lian	

JUNIORS IMPRESS DURING IUWBB HALFTIME SHOW

Seven of our 10 and under players put their skills on display at halftime of an IU Varsity Women's Basketball game this Spring. The players used red balls over a mini-net at half-court of Assembly Hall. IU's Chuck Crabb introduced each player over the microphone as our juniors made their way onto the court. Listed below are the players who represented the junior program with full effort and a positive attitude – ALL DAY!

Katharine Lehr	Ben Konisky
Mary Asplund	Tommy Chopra
Quinn Wurtzman	Dev Chopra
Casey O'Connell	



TENNIS CENTER SCRAPBOOK

We love taking, sharing, and seeing pictures of people playing tennis and/or having fun at the Tennis Center. Here are some recent pictures we thought you'd enjoy too! If you have images you'd like to share, please send them to rebajone@indiana.edu.



Red ball group takes a break in between drills.



Chris and Nick share some All Day cookies made by one of our members.



The pros gave instructors and MSAs a taste of what Cardio Tennis is like during our recent All-Staff meeting.



RS Executive Director Kathy Bayless with a colleague at the NIRSA Lead On Conference.

TENNIS TIP: IMPROVE YOUR GAME WITH PLAYSIGHT SMART COURT

by Chris Chopra

More and more participants are taking advantage of the PlaySight Smart Court. For those of you that have not experienced it or want to try it again, here are some reasons to reserve court #5.

Gain Insight and Make Adjustments

The PlaySight kiosk makes recording yourself playing easy! You can view your stroke in slow motion and with different camera angles. Things to look for are your preparation, contact point, and swing path. By carefully reviewing your stroke, you might notice your backswing is too big, your strings are not aligned properly at your contact point, or your swing path is not quite right. This allows you to make adjustments during practice or schedule a lesson to work with one of our instructors.

Watch Yourself Play a Match Recording a practice singles or doubles set with your friends can be very useful for exploring your movement on the court. Look to see if you are recovering after each shot or taking your split step at the correct time. You can review points during your match on the PlaySight kiosk or even watch in the comfort of your home since your videos are emailed to you.

It is FREE! There is no additional charge to use the PlaySight court – give it a try. To create an account, download the PlaySight app or visit www.playsight.com. When you come in, you'll use your username and password to login on the kiosk near court #5.

UPCOMING EVENTS

Half-Price Spring Break Court Rates

March 11-17 – The very popular Half-Price Court Rates are back! Reserve or walk-on.

Super Cardio Tennis

March 22 – Contact Adam with questions

USTA Orange Ball Tournament

April 6 – Contact Nick with questions

Adult Coached Match Play

April 19 – Contact Adam with questions

Intermediate & Advanced/Intermediate Doubles Showdown

April 27 – Contact Nick with questions

Member Appreciation Day

Mark your calendar for Sunday, April 28. Free court time & ball machine rentals all day (first-come, first-served) for current members as a token of our appreciation for you.

IU Varsity Tennis Matches

Men's Tennis:

March 8 vs. Texas Tech
March 30 vs. Michigan State – IU Sock giveaway
March 31 vs. Michigan – IU Tennis T-shirt giveaway
April 13 vs. Nebraska – Donuts and Coffee
April 14 vs. Iowa – Senior Day & Jimmy John's
April 14 vs. St. Louis – Senior Day & Indiana Bracelets

Women's Tennis:

March 8 vs. Illinois – Jimmy John's
Mar. 9 vs. Northwestern – IU Tennis T-shirt giveaway
Mar. 24 vs. Michigan State – IU Tennis Tank giveaway
April 20 vs. Rutgers – BBC Bagels & Coffee
April 21 vs. Maryland – IU Tennis T-shirt giveaway

SURVEY TIME

In April, participants in our adult or junior programs will receive a survey via email. Completing the survey provides valuable feedback about our programs and services. We truly benefit from your responses and carefully review them as we strive to improve our offerings.