

TENNIS CENTER COURT REPORT

AUGUST/SEPTEMBER, 2019

WELCOME NEW TEAM MEMBERS!

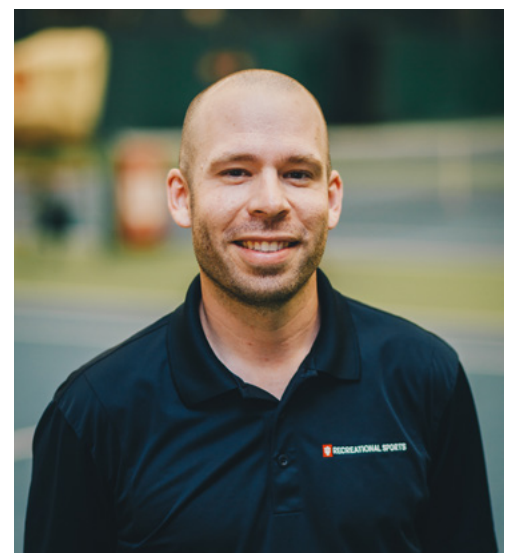


Our team is growing! A special welcome to new instructors and member services associates who have recently joined the Tennis Center family. We are fortunate to have such a highly qualified and diverse staff. If you see a new face, please introduce yourself. New member services associates include Roma Bewley, John Megenhardt, Alexa Rico, Caliel Hynes, Katie Frisbie, and Jordan Venckus. New Instructors include Christian Gettelfinger and John Naisbitt. Also, a big shout out to Ellyn Mendenhall, Kylie Bovenschen, Alyssa Williams, and Emma Lipe. All four began serving in the Program Assistant role this Spring and are helping with administrative responsibilities and a lot of behind the scenes planning. We are lucky to have such a great team!

USPTA MIDWEST PRO OF THE YEAR

IURSTC Head Professional Chris Chopra is the 2018 Official USPTA Midwest Professional of the Year! Chris was honored at the USPTA Midwest Awards Banquet at the Western and Southern Open in Cincinnati on August 15th. We are very fortunate to have Chris serve in the Head Pro role at the IURS

Tennis Center. His combined years of experience, professionalism, and All Day effort and attitude make him one of our most valuable assets. Please help us in recognizing Chris for this major achievement next time you see him. We are very proud of him. All Day, Chris!



ADULT NEWS

SUMMER USTA LEAGUES



TC members Pam Swift, Linda Welty, Brenda Peach, Roberta Chirko, and Georgina Burkner doing a little team bonding before a match

Thank you to everyone who participated in a USTA League over the summer. Playing on a travel team takes a lot of time and dedication. The IURS Tennis Center was host for eight travel teams this summer. Each team competed in weekly matches between May and July. We are proud of the way each team represented the IURS Tennis Center. Way to go All Day! If you have any interest in joining a travel team in the future, please contact Adam Struble at astruble@indiana.edu.

A special thanks to the captains who took time out of their busy schedules to help their teams succeed.

Men's 3.5 & 4.0	Dan Piekarsky
Women's 4.0	Cheryl Franklin
Women's 3.5	Traci Nagle
Women's 3.0	Linda Welty & Georgina Burkner
Women's 55+	Mary Weeks
Women's 65+	Cathy Schaible
Mixed Doubles	Clint Whaley

UPCOMING LADIES CIWITL LEAGUES

The Bloomington Ladies will be competing once again in this year's CIWITL Tennis League. If you were not sure about playing on a travel team this would be a great league to start with. The matches are played across the entire fall and spring semester (roughly one match each month). This means you would not have to commit to travel every week. There is no registration fee to join a team. All you have to do is email Adam Struble at astruble@indiana.edu to let him know you are interested. He will provide you with the details about team expectations.

TENNIS TIP: DYNAMIC WARM-UP

By Chris Chopra

Many minor injuries that occur during play are preventable with a proper warm-up. By taking 5-10min prior to your playing time to do a dynamic warm-up, you will get your body loose and prepared to work hard. Use this simple sequence of exercises before you play: jogging with arm circles or running in place, knee hug to a lunge, lateral lunge, and toe walks. Also, see the exciting news on the back page about our newly remodeled fitness area. The cardio equipment and/or TRX stations are great options for a warmup as well.

Check out this link for a quick 5min TRX warm-up. https://www.youtube.com/watch?v=qT_dwQCgtSQ



FALL PROGRAMS

The fall season is chock-full of options for you from clinics, drills, Cardio Tennis, Match Play, and Tournaments. The season began August 26 but it's not too late to join. Visit our website for details about clinics, drills, and Cardio Tennis.

Here is a list of special events – email Adam Struble with questions at astruble@indiana.edu or to register in advance (required):

Friday September 20	Super Cardio Tennis	6:00 PM - 7:30 PM
Friday October 4	Coached Match Play	6:00 PM - 7:30 PM
Saturday October 19	Fall Classic	11:00 AM - 4:00 PM
Friday November 1	Super Costume Cardio	6:00 PM - 7:30 PM
Saturday November 9	Coached Match Play	11:00 AM - 12:30 PM
Monday November 25	Turkey Time Tournament	11:00 AM - 1:00 PM
Saturday December 7	Super Cardio Tennis	8:00 AM - 9:30 AM

JUNIOR NEWS

MASON OF THE YEAR

**Congratulations to Thomas Joyce on earning Mason of the Year!
Here is why Thomas earned the brick:**

- **Leads by Example.** Thomas welcomes the responsibility that comes with being the driver of his game and his tennis journey. He creates his own energy instead of relying on others for it.
- **Assists fellow players whenever possible.** During clinics, players were responsible for cleaning up their court before breaking for water. As soon as Thomas finished his court, he sprinted to the end court where some of the younger juniors still had a lot to pick up. Other players noticed and from that point on, that became the standard.
- **Raises the standards and set the bar for effort for the entire junior program.** Thomas is entering his senior year, but his impact on the culture will last for years. Thomas welcomes any physical challenge, knowing it makes him a better player. His practice habits and hustle every single day inspire the players around him.
- **Willing to improve all facets of his game.** Thomas puts the same effort into mental toughness training as he does the tangible aspects on the court. Over the past year, he has solidified his routines and improved his ability to breakdown a match.



USTA TOURNAMENT PARTICIPATION

Shout out to these recent tournament participants - keep up the great work!

- | | |
|------------------|-------------------|
| Nate Abdullah | Katy Hancock |
| Madison Alfonso | Lacy Hancock |
| Mary Asplund | Neal Jindal |
| Michael Asplund | Shaan Jindal |
| Brooke Bailey | Ben Konisky |
| John Beggs | Caleb Lian |
| Joy Bhattacharya | Chris Lian |
| Tate Blackwell | Giovanni Lopes |
| Annabelle Blake | Steffi Marvin |
| Arpan Bose | Luke Miller |
| Ellie Bruce | Brady Murphy |
| Alex Busch | Keira Murphy |
| Andy Chang | Kelton O'Connell |
| Charles Chen | Briah O'Neal |
| Cindy Chen | Taylor O'Neal |
| David Ciucu | Nolan Patterson |
| Dev Chopra | Jeff Richards |
| Tommy Chopra | Quincey Rink |
| Alex Coniaris | Lauren Rowe |
| Gavin Cook | Sarah Rowe |
| Avi Danthi | Madelyn Santner |
| Jack Feinstein | Alexandra Shirley |
| Ian Fernandez | Chloe Terwiske |
| Max Foerster | Ethan Uhls |
| Seth Force | Ethan Upchurch |
| Siggy Force | Rachel Walker |
| Nathan Freedman | Bella Winkler |
| Cameron Gratzner | Quinn Wurtzman |
| Natalie Hall | |

WARRIOR STICK UPDATE

The Warrior Stick goes out every couple of months to a player who reached a new level in their game or had a big breakthrough. Alex Coniaris earned this badge of honor for his work this summer. Alex went from no real experience just a couple of years ago to competing at a significantly higher level this summer, especially in doubles. Effort and attitude are not dependent on age or the level of a player and Alex proved this. He brought both as a beginner and continued to do so all the way through this past summer. This constant willingness to get better made it possible for Alex to knock down obstacles along the way. He was willing to take a step back to go three or four steps forward (particularly on his movement, topspin backhand, and serve).



We are excited for him to bring his energy as a player and teammate to his final season as a high school player! Congratulations, Alex!

SUMMER SET CHALLENGE

The juniors DESTROYED last year's set challenge numbers with a 43% increase in sets played! Congratulations to all that participated – especially our top finishers, Katy Hancock, Lacy Hancock, and Annabelle Blake. Way to go All Summer, juniors!

YEAR	2018	2019
Sets Played	1168	1740
USTA sets	463	693
Total Points	1631	2433

TENNIS CENTER SCRAPBOOK

We love taking, sharing, and seeing pictures of people playing tennis and/or having fun at the Tennis Center. Here are some recent pictures we thought you'd enjoy too! If you have images you'd like to share, please send them to rebajone@indiana.edu.



Member Services Associate, Elyn, went All Day All Over in Copenhagen



Juniors brought "the juice" this summer at All Day Camp



Even the campus squirrels are in on the All Day philosophy



2019 Junior Team Tennis Winners

IU JUNIOR OPEN

The 2019 IU Junior Open was a great success. Over 120 players competed in singles and doubles. We had great weather for the weekend and our juniors competed hard and with great ALL DAY effort and attitude. USTA tournaments can be intimidating and cause players to lose confidence or they can fuel a player's passion and provide consistent opportunities to compete. As a host, we emphasize providing a friendly, positive environment where players yearn to compete each year. In doing so, we offered the following daily challenges for players after their matches to win Wilson Tennis prizes.

- **Saturday:** Guess Your Serve Speed (players use our PlaySight court and guess their serve speed)
- **Friday:** Shot Challenge (players shoot their match balls into our teaching carts)

The Tennis Center juniors had some great results, but the highlight of the weekend tournament was how players handled themselves on the court. Not all players and spectators bring positive energy to a tournament, especially when adversity hits them. Win or lose, players in our junior program represented their families and the Tennis Center with appreciation of the game, respect for their opponent, and a true desire to compete. We are proud of all junior members who participated!

THANK YOU, SPONSORS!

A very special thank you goes to our 2019 IU Junior Open sponsors listed below! Our sponsors help keep our registration cost lower than other USTA tournaments in the area and allow us to provide a high quality tournament experience.



Keith Davis • Cindy DiPrimio • Norm Furniss • Lenore Hatfield
 Barb Hawkins & Bob Poortinga • Noy Kay • Connie Lacer • Pat Monson
 Debbie Montgomery • Jim Williams • Winkler Family

FITNESS AREA REMODEL & NEW PERSONAL TRAINING

We are excited about the updated fitness area! It includes 6 TRX suspension trainers, free weights, 1 upright bike, 1 recumbent bike, 1 treadmill, 2 elliptical trainers, and 1 functional trainer. Thank you for your patience as we worked to ensure all the details were in place during the transition.

We are also excited to begin offering Personal Training by certified trainers in the newly remodeled fitness area. With a 100% satisfaction rating, the Recreational Sports Personal Training program is one of the best and most affordable options in Bloomington. Watch our website for more information and to sign up for a free consultation!